

Ordering resources



	Number Required	Price
Parents 1st Breast-start manual The complete manual supplied in a ring binder	1 manual = £35.00	
Parents 1st Breast-start visit forms 25 double-sided A4 visit forms in a pack	1 pack of 25 = £10.00	
Parents 1st Breast-start Mini-pack 1 Useful Information and why breast is best 8 page, A5 booklet	1 pack of 20 = £16.00	
	4 packs of 20 = £55.50	
Parents 1st Breast-start Mini-pack 2 Breastfeeding - it's easy when you know how 8 page, A5 booklet	1 pack of 20 = £16.00	
	4 packs of 20 = £55.50	
Parents 1st Breast-start Mini-pack 3 Family and friends and returning to work 8 page, A5 booklet	1 pack of 20 = £16.00	
	4 packs of 20 = £55.50	
Parents 1st Breast-start Mini-pack 4 Avoiding problems and breastfeeding tips 8 page, A5 booklet	1 pack of 20 = £16.00	
	4 packs of 20 = £55.50	
Parents 1st Breast-start Mini-pack Complete Series (Mini-packs 1-4)	1 pack of 4 = £4.50	
	5 packs of 4 = £16.00	
	20 packs of 4 = £55.50	
Parents 1st 'Me and My Community' facilitator guide The complete guide supplied in a ring binder	1 manual = £42.50	
Research Report: 'A Collective Evaluation of Community Parent Programmes'	1 report = £20.00	
Total Price		

All Prices Include Postage and Packaging

Please post the completed form, with your remittance to:

Parents 1st, Cornwallis House, Howard Chase, Basildon, Essex SS14 3BB

PLEASE PRINT THE FOLLOWING DETAILS

Name: _____

Address: _____

Postcode: _____

I enclose a cheque, made payable to Parents 1st, for £ _____